



STUDY GUIDE

Freeze Frame

(DRAMA)

Category Overview

A single moment can hold a thousand stories. In this category, delegates will embrace the art of stillness. Without words and without motion, each frozen frame captures emotions and tells countless stories—like photographs suspended in time. With no dialogue or movement to depend on, performers must rely solely on expression, posture, and presence to communicate their play or scene.

Round 1:

Duration: 1 hour 30 minutes

Time per Performance: 10 minutes maximum

Delegate cap: 8

This category is not restricted to any specific theme or topic, giving teams full creative freedom to either present an original idea or perform an adaptation of a play or scene. Each team will create a short performance built around a sequence of freeze frames.

Using posture, expression, and stage presence, the performers must bring their idea to life in a way the audience can clearly understand. Each frame should be held long enough for the audience to absorb the scene before moving on to the next. The play progresses as actors remain frozen in one position. When the lights are turned off, actors may change their positions. After 7 seconds, when the lights turn on again, the actors must be still, forming a tableau that conveys part of the story. The lights may be turned on and off multiple times within the given time frame.

Teams are responsible for organizing and managing all aspects of their performance, including production and props, ensuring that everything is handled by the team itself. All performances must be appropriate for the stage. Chairs and tables will be provided, but any other props and costumes must be arranged by the team.

Note: Flickering of lights is not allowed. Harmful items or objects, such as weapons, are strictly prohibited.

Delegate caps, and round timings are open to change on the day of the event. All category head decisions on such matters will be final.

Judging Criteria

- Creativity & Originality (5)
- Stage Space Utilization (5)
- Emotions & Facial Expressions (5)
- Gestures & Body Language (5)
- Stage Chemistry Between Actors (5)
- Interaction & Engagement with Audience (5)
- Flow of Performance (5)